



Friendship Heights

VILLAGE NEWS



MD Live Casino
page 3

JULY 2013

301-656-2797

VOLUME 28, NO. 2



St. Michaels, by land and by water

Accompany us on an excursion to St. Michaels, Md., when we venture to this lovely Eastern Shore town on **Thursday, July 25**. We'll depart from the Village Center at 7:30 a.m. and travel across the beautiful Chesapeake Bay bridge to St. Michaels, "the town that fooled the British." We'll meet our guide at the Chesapeake Maritime Museum and then enjoy a leisurely cruise along the Miles River aboard the Express Royale. Our cruise will take us past gorgeous waterfront mansions while we learn about the history and ecology of the area.

Following our cruise, we'll tour historic Christ Church and take a driving tour of St. Michaels. The historic town dates back to the mid-1600s when it served as a trading post for area tobacco farmers and trappers. In 1677 the Christ Episcopal Church of St. Michael Archangel parish was founded in present-day

Continued on page 4

Water Fun in Willoughby Park

Children 12 and under are invited to slip, slide and splash during a day of water play when Willoughby Park becomes a water park of sorts on **Tuesday, July 23, from 2 to 5 p.m.**

Don your bathing suit, bring a towel and get set for a tidal wave of thrills. The slide features two lanes that allow children to race side by side into an inflatable pool.

There is no charge for the event. Children must be accompanied by an adult. For more information, please call the Village Center at 301-656-2797.



Family Fun on the Fourth in Friendship Heights

Patriotic music, grilled hot dogs, and tons of family fun are on hand as we celebrate the Fourth of July at the Friendship Heights Village Center. The party, Friendship Heights style, begins at 2 p.m. on **Thursday, July 4**, and continues until 4 p.m. in the Center and in Hubert Humphrey Park. This community celebration offers something for everyone, from patriotic music to facepainting to a moonbounce. Once again, we'll have delicious hotdogs, popcorn, snow cones, and cupcakes. Join us for old-fashioned fun and a lot of community spirit. During our program, we'll honor residents for their service to the community and announce the 2013 recipient of the Elizabeth Scull Outstanding Community Service Award.

The event is free and open to all. Please join us.

John Burgess, page 5

Private Rental Space at the Village Center

Looking for space to hold your next business meeting or social event? The Village Center has limited classroom space available during open hours Monday-Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and on weekends 9 a.m. to 2 p.m. The main hall is only available after hours on Friday between 5 p.m. and 1 a.m.; Saturday or Sunday between 2 p.m. and 12:30 a.m. We schedule rentals in the main hall 12 months in advance with a minimum of two months notice. For more information, call Betty Ardizzzone, Facilities Manager, 301-656-2797 or email: bardizzzone@friendshipheightsmd.gov. also check out our website at www.friendshipheightsmd.gov.



Save these dates for two great pre-Broadway shows!

Saturday, Oct. 5 *The Velocity of Autumn*,
starring Estelle Parsons
at Arena Stage

Tuesday, Dec. 3 *If/Then*, starring
Idina Menzel at the
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Friendship Heights VILLAGE NEWS

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the August issue is July 5th. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...

Try your luck at the Casino

We still have space available on the trip **Thursday, July 11** to Maryland Live! Casino, the state's newest gaming experience. The casino, located in Arundel Mills Mall, offers 10 types of games on 122 "live" tables, as well as electronic games and slot machines. You can find lunch (on your own) at Phillips Seafood, Cheesecake Factory, Prime Rib, Bobby's Burger Palace or the casino buffet.

We will leave the Village Center at 9 a.m. and return before 3 p.m. The cost of the trip, which covers transportation and driver

gratuity, is \$25. If we have 30 or more participants registered, each one will receive a \$30 slot play card. Sign up at the Center today!



Seafood, Shopping and the last of the summer sun

Join us in Rehoboth Beach on **Thursday, Aug. 8**, as we enjoy a day of sun, surf and shopping. Stroll on the boardwalk, savor a seafood lunch or just take in the sea air. You may choose to spend the day exploring the outlet stores along Route 1 or at the beach or both. At the Tanger Midway outlet center, you'll find Coach Factory, Jones New York, L.L. Bean Factory Store, Liz Claiborne, Nine West, Polo Ralph Lauren, Ann Taylor, Rockport and more. We'll depart from the Village Center at 8 a.m., arriving in Rehoboth in time for you to enjoy lunch on your own. There are numerous cafes and restaurants along the boardwalk and Rehoboth Avenue. We'll return to the Village Center around 8 p.m.

The cost of the trip is \$55. Sign-ups begin immediately. Children over 5 years old are welcome but must be accompanied by an adult. There are 45 spaces available.



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St. Michaels, continued from page 1

St. Michaels. In 1778 a British land agent, James Braddock, purchased 20 acres and deeded 58 lots. This created St. Mary's Square, the historic center of St. Michaels. To this day, this charming seaside resort town reflects its colonial past, as many of the area's homes date from the late 1700s to the late 1800s.

Next, we'll enjoy a lovely lunch overlooking the water at Town Dock restaurant. Our menu includes a house salad, a choice of broiled fish of the day with lemon butter and sautéed vegetables, grilled chicken over sautéed spinach, mushrooms

and bacon and topped with red pepper coulis, or broiled shrimp Provencale over penne pasta. For dessert enjoy cheesecake with berries.

After lunch, we'll be treated to a guided tour of the Chesapeake Maritime Museum. One of the region's finest, this nine-building complex chronicles the Bay's rich history of boatbuilding, commercial fishing, navigating, and hunting in compelling detail. Exhibits on the 18-acre waterfront site include two of the Bay's unique skipjacks among the museum's more than 80 historic regional boats. There are also the restored 1879 Hooper Strait

Lighthouse, a working boatyard, and a "waterman's wharf" with shanties plus oystering and crabbing tools. In the Bay Building you can see a crabbing skiff as well as a dugout canoe hewn by Native Americans. The Waterfowl Building contains carved decoys and stuffed birds, including wood ducks, mallards, and swans.

You'll then have free time to explore the fabulous shops and sites of St. Michaels. We'll depart from St. Michaels around 5:30 p.m. and should arrive in Friendship Heights by 7:30 p.m.

The cost of the trip, which includes round-trip transportation, river cruise, lunch at Town Dock, tour of the Chesapeake Maritime Museum and all gratuities is \$129.

Village residents may sign up immediately at the Village Center. Nonresidents may sign up beginning July 6. There are 34 spaces available.



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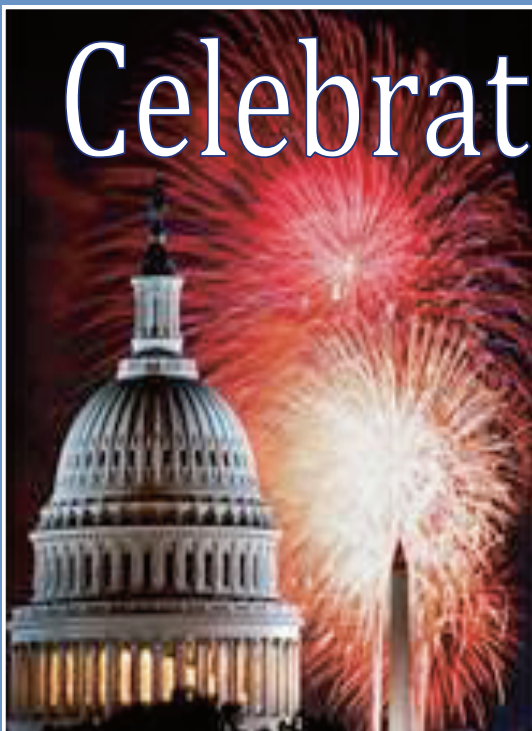
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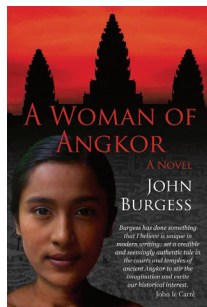
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Former Post foreign correspondent to speak at the Center

John Burgess will discuss his novel, *A Woman of Angkor*, in a slide presentation at the Village Center on **Tuesday, July 9, at 7:30 p.m.**

The setting for *A Woman of Angkor* is 12th Century Cambodia and the vanished Khmer Empire. John Burgess was writer and editor at The Washington Post for three decades. Copies of the book will be available for purchase. Please sign up by calling 301-656-2797.





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PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, July 4 — No Movie — Fourth of July Celebration from 2 to 4 p.m.

Thursday, July 11, 7 p.m. —

Movie — Quartet — A trio of retired opera singers' annual celebration of Verdi's birthday sours when their estranged fourth member shows up but refuses to sing. Tensions rise and diva drama erupts—will personal problems prevent the show from going on? Stars Maggie Smith, Tom Courtenay and Bill Connolly. Rated PG-13. Running Time 99 minutes.



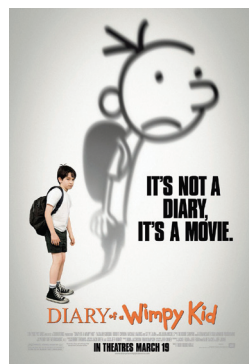
Thursday, July 18, 7 p.m. —

Movie — Django Unchained — Accompanied by a German bounty hunter, a freed slave named Django travels across America to free his wife from a sadistic plantation owner. Quentin Tarantino directs this modern-day spaghetti Western. Stars Jamie Foxx, Christoph Waltz, Leonardo DiCaprio, Kerry Washington and Samuel L. Jackson. Rated R. Running Time 165 minutes.



Thursday, July 25, 7 p.m. —

Movie — Diary of a Wimpy Kid — Dog Days — Based on the hit children's book, this comedy follows misfit Greg Heffley and his pal Rowley Jefferson as their summer vacation disintegrates into one wild misadventure after another, including a disastrous attempt to start a lawn-mowing business. Stars Zachary Gordon, Devon Bostick and Robert Capron. Rated PG. Running Time: 94 minutes.



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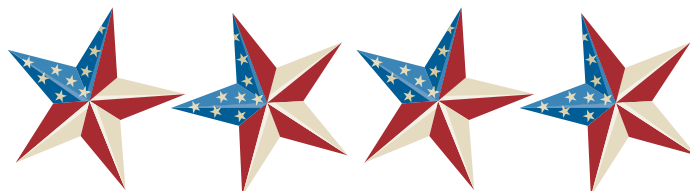
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ART and CULTURE

Celebrating the Fourth and our local artists

You are invited to visit Friendship Gallery this month to see "Three Cheers for the Red, White, and Blue — A Celebration of the Fourth of July." This multi-media juried exhibit, sponsored by the Village of Friendship Heights and open to all area artists,



"In Memory of An American Hero" by Carole Celler, past winner of the July Friendship Gallery art exhibit

will run through the month of July. Its patriotic themes are inspired by parades, family gatherings, picnics, fireworks, and heroes. The exhibit is held in conjunction with the annual celebration at the Village Center. Awards will be given to the winners at a reception on **Sunday, July 14, from 11:30 a.m. to 1:30 p.m.** All are invited to attend.

This year's juror is noted artist Millie Shott, art curator and instructor at Friendship Heights Village Center. Ms. Shott has worked in watercolor, acrylics, and collage for more than four decades. Her artwork is included in the collection of the Georgetown University Hospital, the Marriott Collection, the Public Art Trust Collection of Montgomery County, the National Geographic Society and Fairfax Hospital, as well as in the personal collections of many area art collectors.

The exhibit runs from July 1 to 27.



"The Vintage of Joy" by Joe Ardizzone, past winner of the July Friendship Gallery art exhibit

Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.

Art good enough to eat

In September, the Village will sponsor a "cuisine-art" show as part of the annual Taste of Friendship Heights. The exhibit will be open to all artists in the area. Paintings, photographs or sculpture related to food or food-preparation would be appropriate. Look for applications at the Village Center.



"Waffle" by Martha Friedman,
"Ice Creams" by Joel Penkman
"Sprinkle Donut" by Abbey Ryan
"Cakes" by Wayne Thiebaud

Friendship Heights
Village Center



Calendar
of Events

2013

JULY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div>1</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga 7 p.m.: Café Muse</div>	<div>2</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist</div>	<div>3</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel</div>	<div>4</div> <div>8:15 a.m.: Walking Club Center open 9 to 2 2 to 4 p.m.: Fourth of July Celebration Shuttle bus runs on weekend schedule</div>	<div>5</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl</div>	<div>6</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</div>
<div>7</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>8</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga</div>	<div>9</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 7:30 p.m.: Book Signing with John Burgess</div>	<div>10</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: “Break Free From Depression and Anxiety” 1 p.m.: Health Insurance Counseling 7 p.m.: Concert: Mariachis de Los Compadres</div>	<div>11</div> <div>8:15 a.m.: Walking Club 9 a.m.: Depart for Casino 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Quartet</div>	<div>12</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</div>	<div>13</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</div>
<div>14</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</div>	<div>15</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga</div>	<div>16</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse 7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</div>	<div>17</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 7 p.m.: Concert: John Jenson</div>	<div>18</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Django Unchained</div>	<div>19</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</div>	<div>20</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</div>
<div>21</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>22</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga</div>	<div>23</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 2-5 p.m.: Children’s Splash Party at Willoughby Park</div>	<div>24</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7 p.m.: Concert:Tim Roberts Duo</div>	<div>25</div> <div>8:15 a.m.: Walking Club 7:30 a.m.: Depart for St. Michaels 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Diary of a Wimpy Kid</div>	<div>26</div> <div>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</div>	<div>27</div> <div>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</div>
<div>28</div> <div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div>	<div>29</div> <div>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 2:30 p.m.: Acrylic or Oil Painting 7 p.m.: Yoga</div>	<div>30</div> <div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist</div>	<div>31</div> <div>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture in Pencil and Pastel 7 p.m.: Concert: Greg Harrison Band</div>			

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.





CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION — A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

ART

BASIC PHOTOGRAPHY

(Saturday)

This 8-week course in black and white and color photography, taught by Llewellyn Berry, begins July 6. Meets Saturdays from 10:30 a.m. to 1:30 p.m. The cost is \$120. The class is open to new students as well as those from previous sessions. Students will become skilled at using their cameras, understand how to see and use available light and learn about composition and subject selection. Instruction takes place in the classroom as well as out in the field. Students must bring a camera to class; digital cameras are preferred. Session ends Aug. 24. See examples of Lew's students' work at <https://www.facebook.com/media/set>.

BASIC PHOTOGRAPHY

(Thursday)

This 6-week course in black and white and color photography, taught by Llewellyn Berry, begins July 11. Meets Thursdays from 10 a.m. to 12 p.m. The cost is \$75. See description above. Session ends Aug. 15.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by Marianne Winter, begins July 24. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$75 for residents; \$80 for nonresidents. Maximum number is 8. Last class is Aug. 28.

EXERCISE AND FITNESS

SKY VALLEY TAI CHI

(Thursday)

This 6-week class, taught by Thomas Johnson, begins July 18. Meets Thursdays from 9:30 to 10:30 a.m. and is especially for beginners. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends Aug. 22.

SKY VALLEY TAI CHI

(Tuesday)

This 6-week class begins July 9. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$60 for residents; \$70 for nonresidents. Minimum number is eight. Session ends Aug. 13.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented on Wednesday evenings. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

DROP-IN TAI CHI

Student-led sessions every Friday from 9:15 to 10:15 a.m. Cost is \$3 per class.

GREAT BOOKS

DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m. All are welcome.

SPEECH SUPPORT

An aphasia support group facilitated by Susan Wranik, MS, MA, CCC-SLP, board certified speech-language pathologist, and sponsored by the NIH Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke, Parkinson's or dementia who need help with communication. Meets the second Tuesday of every month from 2 to 3 p.m.

TEA

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

VILLAGE BOOK CLUB

The book club meets one Tuesday morning a month to discuss books chosen by the group. Members take turns suggesting books and leading

the meetings. Dates and book titles are announced in the newsletter. New members are welcome at any time.

VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 4 p.m. All are welcome for bridge or bridge plus (duplicate bridge); cards will be supplied. Contact Nancy White at 301-652-4119 for more info.

VILLAGE PLAY TIME

Games, toys and play equipment are set out at the Village Center most Thursdays from 11 a.m. to 4 p.m. Children must be accompanied by a caregiver, friend, or family member over age 13.

VISION SUPPORT LUNCH AND LEARN

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Meets one Thursday a month at 12:30 p.m. for lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for more information.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.



June is Aphasia Awareness Month

Maryland Governor Martin O'Malley has proclaimed June as Aphasia Awareness Month. Aphasia is a language disorder caused by brain injury or stroke. Susan Wranik, a certified speech-language pathologist, poses with members of the Friendship Heights Aphasia Support Group. The group meets at the Village Center every second Tuesday of the month from 2 to 3 p.m.

THE WARNING SIGNS OF STROKE

- * **Sudden onset of numbness or weakness of the face, arm, or leg, especially on one side of the body;**
- * **Sudden onset of confusion, or difficulty speaking or understanding;**
- * **Sudden onset of difficulty seeing in one eye or both eyes;**
- * **Sudden onset of dizziness, loss of balance or coordination, or difficulty walking;**
- * **Sudden onset of severe headache with no known cause.**

Source: The Montgomery County Stroke Association

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CONCERTS

Concerts will be held from 7:00 – 8:00 p.m. in Hubert Humphrey Park in front of the Village Center. In the event of rain or excessive heat, the performance will be moved indoors to Huntley Hall in the Village Center. Concertgoers may want to bring insect repellent — the mosquitoes seem to enjoy the performances too.

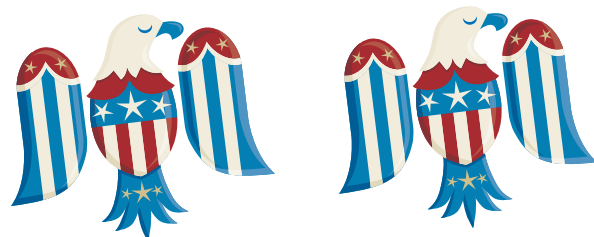
Wednesday, July 3 — No Concert — We're preparing for our July 4th celebration

Wednesday, July 10 — Mariachis de Los Compadres — Susan Jones and her talented group take you South of the Border with authentic renditions of Mexican favorites. Dressed in authentic costumes, the band plays traditional instruments including the bihuele, guitarron, trumpets, guitar and violin.

Wednesday, July 17 — John Jenson Trio— Former lead trombonist with the U.S. Navy Commodores, John Jenson has appeared as a soloist and combo leader with the Smithsonian Jazz Masterworks Orchestra. He is also the frontman for the Good Time Trio.

Wednesday, July 24 — Tim Roberts Duo— Native Texan Tim Roberts is the principal saxophonist for the U.S. Navy Band. He has toured throughout Canada, Europe and the United States. The Washington Post has called his classical saxophone performances "simply stunning."

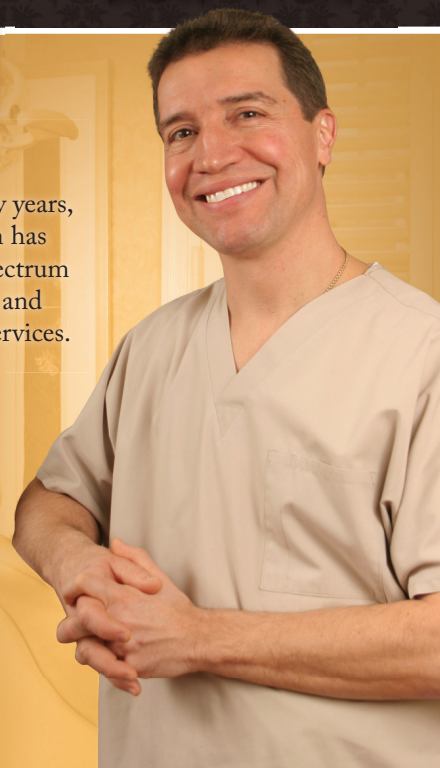
Wednesday, July 31 — Greg Harrison Band— This versatile group is known for its Southern Swing. Clarinetist Greg Harrison is a Pete Fountain protégé, so his style is reflective of that great New Orleans musician. This busy group appears regularly at jazz clubs and performing arts series, and includes "Way Down Yonder in New Orleans," "Chicago," and "It Had to be You," among its repertoire.



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TO YOUR HEALTH

Break free from depression and anxiety

At this month's Suburban Lecture at the Village Center on **Wednesday, July 10, at 1 p.m.**, Susan Webb, LCSW-C, will describe the signs and symptoms of depression and anxiety disorders. The speaker will also review therapy options, which can improve coping capabilities.

There is no cost for the talk, but **please** call 301-656-2797 to let us know if you plan to attend.

Protect your sight: summer eye safety tips

According to the American Academy of Ophthalmology (AAO), non-impact eye injuries can be as damaging as impact injuries. Goggles will protect your and your children's eyes while watching or playing sports and if you are around fireworks, sparklers, car battery jumper cables and household chemicals.

Non-impact eye injuries are more insidious because they come from the summer's main attraction — the sun! Ultraviolet rays can cause sunburned corneas, cancer of the eyelid and possibly cause an increased risk of cataracts and other eye concerns. It is important to wear sunglasses with UV protection and make sure the label states that the lenses block 99 to 100 percent of both UVA and UVB rays. Any factor that increases your exposure to sunlight, such as prescription drugs that increase sensitivity to UV light, can increase the risk for eye problem.

The AAO suggests that having a good pair of sunglasses and a pair of protective goggles in the home and/or car are low cost investments that can pay big dividends in terms of preventing summer eye injuries. For more information contact: nei.nih.gov/eye_injuries or Janet Morrison, Prevention of Blindness Society of Metropolitan Washington, at 202-234-1010. The Vision Support Lunch and



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#803 2,899 SF ~ \$6,500/Month
2BR+Den, 2.5BA Unit (\$7,000/Month furnished)

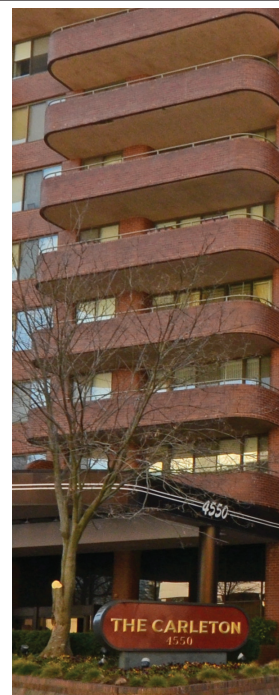
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Cafe Muse presents...

This month's Café Muse, on **Monday, July 1, at 7 p.m.**, features poetry by Dan Vera and Kathi Wolfe.

Dan Vera is an editor, literary historian and author of *The Space Between Our Danger and Delight* and *Speaking Wiri Wiri*, the inaugural winner of the Letras Latinas/Red Hen Poetry Prize. His poetry has appeared in *Notre Dame Review*, *Beltway Poetry*, *Gargoyle*, as well as the anthologies *Divining Divas*, *Full Moon On K Street: Poems About Washington, DC*, and *DC Poets Against the War*. He's co-creator of the literary history site, *DC Writers' Homes*, and chairs the board of *Split This Rock Poetry*.

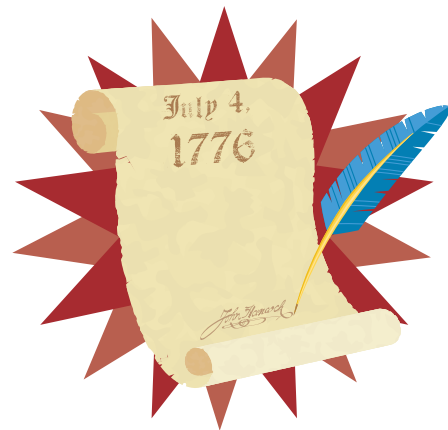
Kathi Wolfe is author of *Helen Takes the Stage: The Helen Keller*. Her poetry has appeared in *Gargoyle*, *Beltway Poetry Quarterly* and others, as well as *Beauty Is a Verb: The New Poetry of Disability*, an anthology. She writes for *Scene4*

The Village Book Club will meet this month on **Tuesday, July 16, at 11 a.m.** The book selection is *The Great Gatsby* by F. Scott Fitzgerald. Look for a copy of the book in the Center Reading Room on the shelf marked "Village Book Club Selections."

Magazine and *The Washington Blade*. Recipient of a Puffin Foundation grant, Wolfe has read at the Kennedy Center and the Library of Congress Poetry at Noon Series and appeared on the radio show *The Poet and the Poem*.

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:20. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 35 years. For more information visit www.wordworksdc.com.



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Village Council Corner

Council approves playground concept for parks, hires designer

Following a lengthy discussion at its monthly public meeting on June 18, the Village Council approved the concept of installing playground equipment in Willoughby Park (at the corner of Friendship Boulevard and Willard Avenue) and Page Park (between 4615 North Park and 4701 Willard Avenue) as part of the Village's Centennial celebration. The Council also selected G.E. Fielder and Associates as the design firm to develop plans for both parks. Grace Fielder, the firm's President, has a wide range of experience with landscape and playground design. Her projects include the award-winning Clemyjontri Playground in McLean, Virginia, and Hadley's Playground in Potomac.

The plan is to install playground equipment in the lower grassy oval in Willoughby Park for children ages 5 and under. Playground equipment in Page Park would be for children ages 5 to 12. The approved proposal includes site analysis, programming and schematic design to create a plan for each park. A contract for design development, construction documents, specifications, bidding and construction oversight will be awarded at a later date.



Alex and Jessa Rosenberg enjoy our statue in Humphrey Park. The Village Council plans to install playground equipment in both Willoughby Park and Page Park for children of different ages.

Other Council actions at the June 18 meeting:

- Approved proposal for increase in maintenance contract to provide raises for maintenance personnel.
- Approved proposal for increase in security contract to provide raise for security guard.
- Approved proposal for street tree pruning by landscape maintenance contractor.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815



Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

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July 2013 events calendar